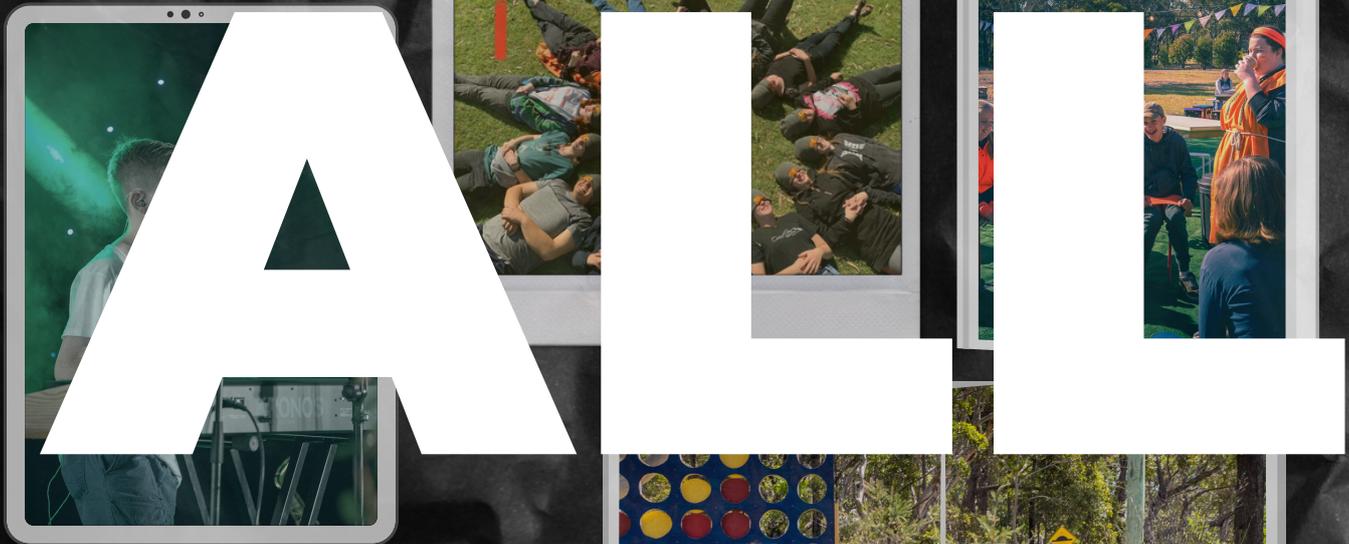




**STATE  
YOUTH  
CAMP** 17-18 SEP



**Me.  
You.  
Jesus.  
Together.**



**Official SYC Camp Book!**

# SYC21 Program

**Friday Zoom Link = [bit.ly/SYCfriday](https://bit.ly/SYCfriday)**

## Friday Night

- 6:30pm Digital Foyer**  
This is the pre-show, it's all vibes, fun and games!  
The absolute place to be before SYC officially kicks off. Trust us - you do not want to miss this.
- 6:55pm Welcome to SYC 2021!**
- 7:20pm Tribe Wars Activity**
- 7:40pm Introducing your speaker: Rachel Stuhr**
- 7:50pm Tribe Wars Activity**
- 8:10pm Talk 1 - God Created All of You**  
Rachel Stuhr
- 8:30pm Small Groups**
- 9:00pm Livestream Ends**

## Saturday Morning

- 10:00am Welcome to Day 2!!**
- 10:15am Tribe Wars Activity**
- 10:40am Prayer**
- 10:45am Talk 2 - Jesus Gave His All**  
Rachel Stuhr
- 11:05am Morning Tea**  
Small Groups

### Tech Support

If you are experiencing any tech issues send an email to Kathy:  
[kdwyer@nswactbaptists.org.au](mailto:kdwyer@nswactbaptists.org.au)

### Prayer Requests

Got a prayer request? Send it here:  
<https://bit.ly/sycprayer>





**Saturday Zoom Link = [bit.ly/SYCaturday](https://bit.ly/SYCaturday)**

### **Saturday Midday**

- 12:00pm Welcome Back**
- 12:05pm Tribe Wars Activity**
- 12:15pm Introducing your speaker: Scotty Daniels**
- 12:20pm Prayer**
- 12:25pm Talk 3 - Giving It Your All**  
Scotty Daniels
- 1:00pm Lunch Time**
- 2:15pm Activity Time**

### **Saturday Afternoon**

- 4:30pm Welcome Back**
- 4:35pm Q&A**
- 5:25pm Prayer**
- 5:30pm Dinner**

### **Saturday Evening**

- 7:00pm Welcome Back**
- 7:05pm SYCFest**
- 8:25pm SYCFest Ends**

# Friday Activity

## Face the Cookie

### What you need:

- packet of mini oreos

### Instructions:

1. Put a cookie on your forehead
2. keep your hands behind your back or on your knees
3. When the music starts playing, use your face muscles to move the cookie from your forehead to your mouth.



## Remember to be safe!

As we take part in activities across State Youth Camp, remember to be safe. Be mindful of any dietary needs and beware of safety hazards around you. Do not engage in any inappropriate behaviour.



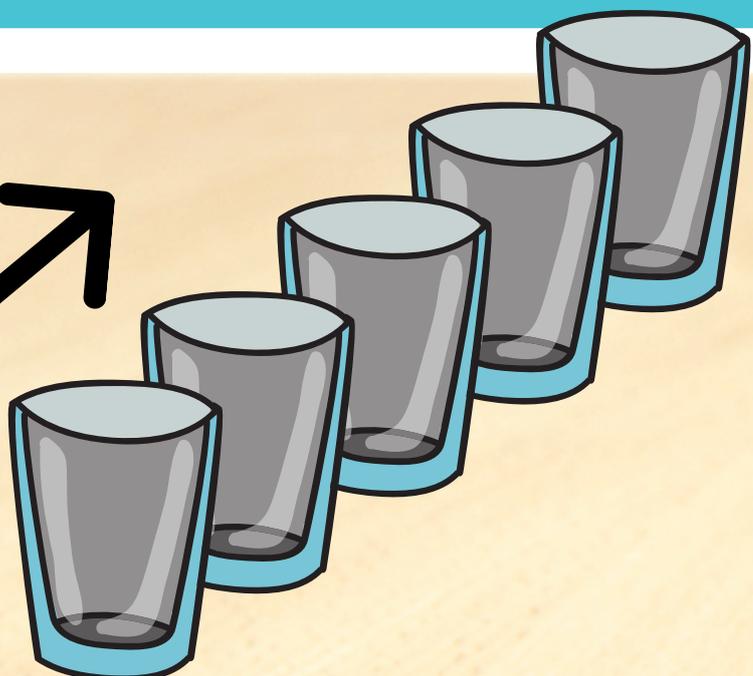
## Speed Eraser

### What you need:

- 5 x Pencils with eraser
- 6x Glasses (all the same height if possible)

### Instructions:

1. Line up 5 glasses on a table (a hand width between each one) and the 6th will hold your pencils.
2. When the timer starts grab your pencils and throw a pencil on the table eraser side down.
3. The pencil must bounce off the table and flip into the cup.
4. It must stay in the cup, if it bounces out you need to bounce the pencil back in.
5. Your throwing hand can only hold one pencil at a time.
6. To win you must have all pencils in the glasses. (one pencil in each glass)



# Merch



T-shirt Front

T-shirt Back

**T-shirt**  
**\$20**

100% Cotton,  
Heavy Weight Shirt

Sizes S-2xl

*Prices include postage!*

**Beanie**  
**\$10**

Acrylic Grey Beanie,

Available in 4 Colours:  
Purple, Blue, Pink & Orange  
(Randomly Selected)



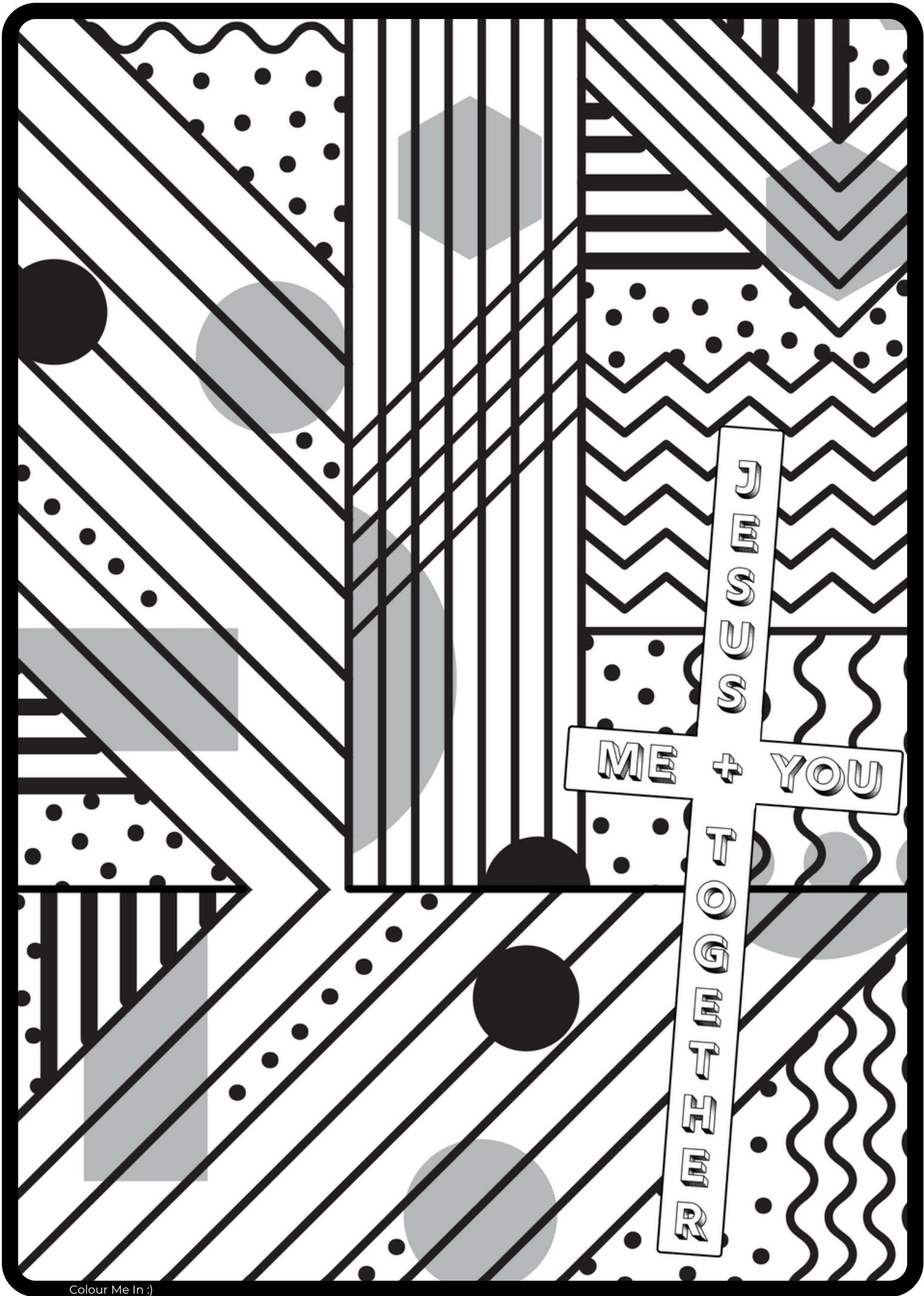
**Beanie + Tshirt**  
**\$27**

Use Code: SYCBUNDLE

**ORDER NOW**



[www.stateyouthcamp.org.au/merch](http://www.stateyouthcamp.org.au/merch)



ME + YOU

REMEMBER MESSAGES

# Session #1

# God Created All of You

## Jesus Walks on the Water

Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

Shortly before dawn Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear.

But Jesus immediately said to them: "Take courage! It is I. Don't be afraid."

"Lord, if it's you," Peter replied, "tell me to come to you on the water."

"Come," he said.

Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!"

Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"

And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

When they had crossed over, they landed at Gennesaret. And when the men of that place recognized Jesus, they sent word to all the surrounding country. People brought all their sick to him and begged him to let the sick just touch the edge of his cloak, and all who touched it were healed.

**Matthew 12:22-36**

# Session #1 Notes



# Got Questions? You're in luck!

Get ready for our Q&A on Saturday Afternoon & send in your questions to

<https://bit.ly/SYCqanda>



Don't forget! There are so many questions and this is one session, always remember that your local youth ministry is full of people who want to support you.



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# Session #1 Small Groups

1. Where in your life have you felt like you were not enough/too much, and wished you were different? How has that affected you?
2. Read the words of Psalm 139:13-16 . What difference does it make to read those words and know that Jesus made all of you?

For you created my inmost being; you knit me together in my mother's womb.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.

Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

Psalm 139:13-16

3. Are there any changes you need to make in light of this?

# IMPACT

## Gap Year

Are you keen to spend a year with Jesus growing in:

### FAITH

- Connecting with God's word and understanding its impact on your life.
- Understanding your God-given gifts and talents.
- Academic learning for your missional adult life.

### COMMUNITY

- Understanding your community and where you fit.
- Learning God's heart for people in need or with no voice.
- Shared experiences and building strong relationships with other young adults

### LIFE

- Listening to the Holy Spirit's voice and guidance in your life.
- Learning more "adulting" life skills.
- Learning reflection tools to help to make future life decisions.

### MINISTRY

- Your connection to your church and serving.
- Sharing Jesus with your friends and discipling others.
- Learning about ministry opportunities for your future

A 12 Month Gap Year for 17 - 21 Year Olds!



DISCOVER MORE

### Get a Diploma!

Dive into deeper study and grow in your understanding of Jesus, the Bible, Evangelism & Mission.

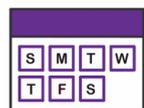


### 10 Day Trip

Mission Exposure, Cultural Awareness, Shared Experiences



#### Check Out



Weekly Rhythms



Mission Trip



Study Options



Church Partnership

[www.yourimpact.org.au](http://www.yourimpact.org.au)

# Saturday Tribe Activities

## Sticky Notes

What you need:

- Sticky Note Pack

Instructions:

1. When the timer starts, you have 1 minute to stick as many sticky notes to your body as possible!
2. After 1 minute, get someone to count them as they take them off you.
3. You can take a photo and share what you looked like with them on, or the stack after they're all off!



## Trick Shot

What you need:

- 2x Ping Pong Balls and anything else you find in your house

Instructions:

1. You need to create a Trick Shot that includes the ping pong ball hitting at least 5 different surfaces. You can use anything from your home or church!
2. Share your videos to the SYC Team by 6pm Saturday.



## Session #2

# Jesus Gave His All

### **Made Alive in Christ**

As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient.

All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

**Ephesians 2:1-10**

# Session #2 Notes





# Q&A Session



## **Sarah Skariah**

I work at Westpac, helping businesses plan for the worst. I'm married to Kiran and love our family unit. I remember every camp I'd been to as a teen, and I know how impactful the time can be, so I'm really excited to give back!



## **Rachel Stuhr**

I'm Pastor for Children and Young People at Auburn Baptist Church. I also work with BYM in Regional Support and Engagement. I've been married to Max for 4 years and we have a 1 year old pup named Anuk



## **Scotty Daniels**

I'm the Youth and Young Adults Pastor at Community Life Church Cherrybrook. I've got 1 amazing wife and 4 awesome kids. My favourite part of SYC is Seeing young people challenged to follow Jesus, great worship, epic time together.



## **Brett Hookham**

I'm a Pastor at Menai Baptist Church. Married to Vic and have 4 crazy kids. I love that I get to dive into the bible with people! God speaks to us and engages us as we get to explore the questions in our heads and hearts. I'm Excited that we can do that together.



Send your Q&A questions to:  
<https://bit.ly/SYCqanda>



# Saturday Activities

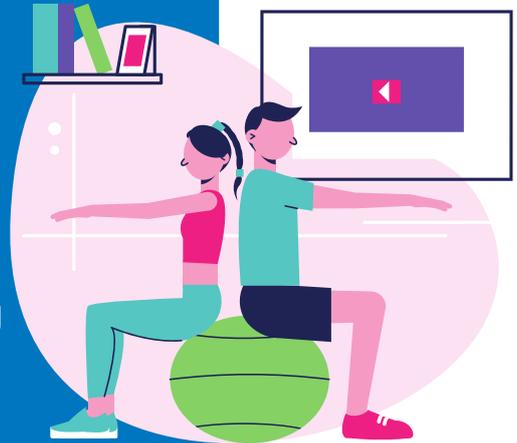
## Tribe Queen Workout Video

What you need:

- Workout Video (follow the link in zoom)

Instructions:

1. You may have spent the day behind a screen, but this one involves getting a little active.
2. Find a space where you won't hit anyone or anything.
3. Hit play and workout with the Tribe Queen.



## Spectacular SYC Set-Up

What you need:

- Whatever you can find and use

Instructions:

1. Since we cannot meet in person, we want to see photos/videos of your SYC Set-Up? So get creative!
2. Maybe it's a blanket fort? Bringing couches from around the room into a small space.



Upload all your photos and videos to score points for your tribe!

<https://bit.ly/SYCtribephotos>



# Saturday Tribe Activities

## Chalk Art

What you need:

- Chalk

Instructions:

1. Time to get out in the sun!
2. Grab some chalk and draw something that summarises the theme of SYC2021 - ALL
3. Bonus Points will be awarded for creativity



## Go Get Me: Photo Edition

What you need:

- Camera (phone) & the items to be photographed

Instructions:

Take a photo of each item, bonus points for creativity!

1. Something that smells
2. Your SYC Merch
3. Is living, but not a person
4. Something you can't live without
5. A Sunset
6. A Coin with the oldest date on it
7. A flower
8. Is at least 15 years old (not a person!)
9. The tallest tower of Toilet paper
10. I cannot believe I fit into this!
11. A book title starting with P
12. A Dice
13. A Vase
14. Your interpretation of a youth leader using pencils
15. A Disney Scene
16. Something heavier than your shoe
17. Both tall and short
18. An Instrument
19. NKJV Bible
20. Something in your Tribe Colour



# Session #3

## Jesus wants ALL of you

### **Saul's Conversion**

Meanwhile, Saul was uttering threats with every breath and was eager to kill the Lord's followers. So he went to the high priest. He requested letters addressed to the synagogues in Damascus, asking for their cooperation in the arrest of any followers of the Way he found there. He wanted to bring them—both men and women—back to Jerusalem in chains.

As he was approaching Damascus on this mission, a light from heaven suddenly shone down around him. He fell to the ground and heard a voice saying to him, "Saul! Saul! Why are you persecuting me?"

"Who are you, lord?" Saul asked.

And the voice replied, "I am Jesus, the one you are persecuting! Now get up and go into the city, and you will be told what you must do."

The men with Saul stood speechless, for they heard the sound of someone's voice but saw no one! Saul picked himself up off the ground, but when he opened his eyes he was blind. So his companions led him by the hand to Damascus. He remained there blind for three days and did not eat or drink.

Now there was a believer in Damascus named Ananias. The Lord spoke to him in a vision, calling, "Ananias!"

"Yes, Lord!" he replied.

The Lord said, "Go over to Straight Street, to the house of Judas. When you get there, ask for a man from Tarsus named Saul. He is praying to me right now. I have shown him a vision of a man named Ananias coming in and laying hands on him so he can see again."

"But Lord," exclaimed Ananias, "I've heard many people talk about the terrible things this man has done to the believers in Jerusalem! And he is authorized by the leading priests to arrest everyone who calls upon your name."

But the Lord said, "Go, for Saul is my chosen instrument to take my message to the Gentiles and to kings, as well as to the people of Israel. And I will show him how much he must suffer for my name's sake."

So Ananias went and found Saul. He laid his hands on him and said, "Brother Saul, the Lord Jesus, who appeared to you on the road, has sent me so that you might regain your sight and be filled with the Holy Spirit." Instantly something like scales fell from Saul's eyes, and he regained his sight. Then he got up and was baptized. Afterward he ate some food and regained his strength.

### **Saul in Damascus and Jerusalem**

Saul stayed with the believers in Damascus for a few days. And immediately he began preaching about Jesus in the synagogues, saying, "He is indeed the Son of God!"

All who heard him were amazed. "Isn't this the same man who caused such devastation among Jesus' followers in Jerusalem?" they asked. "And didn't he come here to arrest them and take them in chains to the leading priests?"

Saul's preaching became more and more powerful, and the Jews in Damascus couldn't refute his proofs that Jesus was indeed the Messiah. After a while some of the Jews plotted together to kill him. They were watching for him day and night at the city gate so they could murder him, but Saul was told about their plot. So during the night, some of the other believers lowered him in a large basket through an opening in the city wall.

# Session #3 Notes



# Session #3 Small Groups

1. Why do you think Saul completely walked away from everything he had worked so hard for, to instead, not just follow Jesus, but spend the rest of his life sharing about Jesus?

*“For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.  
John 3:16*

*Then Jesus said to his disciples, “If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?  
Matt 16:24-26*

2. Jesus says that all who follow him will have eternal life, but that following him requires making him number 1 in our life. What challenges make it hard for us/you to make Jesus number 1?
  
  
  
  
  
  
  
  
  
  
3. Are you willing to lay down your all and follow him? If not yet what barriers are stopping you from laying down your all and following Jesus now? What would it take to overcome those barriers?

# **SYC TRIBES!!**

## **Purple**

Bayside Community Church, Ingleburn Baptist Church, Toongabbie Baptist Church, Wagga Wagga Baptist Church

## **Orange**

Hawkesbury Valley Baptist Church, The Heights Church, Community Life Church Cherrybrook, Parramatta Baptist Church

## **Pink**

The Hub Baptist Church, Erina Community Baptist Church, Morisset Baptist Church, Swanswa Baptist Church

## **Blue**

Woonona Baptist Church, Manly Life Church, Kiama Baptist Church, Mudgee Baptist Church

# Mental Health

## *What is it?*

Mental health includes our emotional, psychological and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices.

If you are struggling with your mental health, reach out today! Speak to your family, friends or make a doctors appointment. The resources below will help give you more information about mental health.



**1** in **4** young people have a mental illness in 12 months. You are not alone!



### Youth Mental Health Resources

E-couch: [www.ecouch.edu.au](http://www.ecouch.edu.au)

Mood Gym: [www.moodgym.com.au](http://www.moodgym.com.au)

Beyond Blue: [www.beyondblue.org.au](http://www.beyondblue.org.au)

Head to Health: [www.headtohealth.gov.au](http://www.headtohealth.gov.au)

Kids Help Line: 1800 55 1800 and [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

Stop the Stigma  
Let's talk about  
Mental Health

# SYCFEST

Tune in at 7pm for a whirlwind evening featuring creative talent from across SYC!



The theme for 2021 = Ball





# Session #4 Notes





Follow us on Social Media  
[@stateyouthcamp](#)



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