

SYC Mental Health Team Volunteer Role Description



Job title: Mental Health Team Volunteer

Reporting to: Mental Health Team Leader

Hours: Conversations with Young people, being fluid in nature, can happen anytime during camp. The Prayer Tent is open during key moments of camp, please refer to the camp program for full times. Discuss your intended arrival time with your Team Leader. There will be times when you will volunteer in the team and other times you will get a break.

Location: Prayer Tent in Camp Village

About the Role: Mental Health support is key. As the Mental Health Team Volunteer, you will be responsible for being present in the prayer tent, as per your roster, be available for conversations with young people, provide Mental Health resources, and pray with young people. It is important to note that in this role, there is no responsibility to diagnose or treat a young person but rather help a young person seek the help they require for healthcare professionals. Liaising and debriefing with the Mental Health Team Leader as needed.

Key Responsibilities

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Duties of the role	Time spent	Description
Speaking to and supporting the young people who engage with the prayer tent	70%	Young People will be encouraged to visit the prayer tent for prayer or if they need someone to speak to. These conversations can lead to ones about mental health or other troubling issues young people face such as abuse, bullying, drug use etc. The idea is to be a listening ear, provide prayer and next steps so the young person gets the professional help they require.
Provide Mental Health support to young people on camp	30%	Examples include handing out resources and sharing experiences

Work experience and skills

A knowledge of Mental Health issues facing young people is important as well as the processes available for a young person to seek professional help. A knowledge of safe church practices is also important. A pastoral gifting is also desirable.

Role Description Approved by:

Jo White 29th April 2024